**The Healing Series: Book Three**

***Healing with Spirit: Heightening Spiritual Awareness to Nurture the Body-Mind-Spirit***

In *Healing with Spirit*, Mary Ruth Velicki uses stories from her personal experiences and from the experiences of many others to describe how spiritual awareness can shift and expand throughout the healing process. She presents numerous routes for spiritual connection in everyday life in order to help the reader become more aware of the support and guidance that is available to all. The author shares transcendent experiences that began in the depths of despair and gradually developed as she worked to heal. She demonstrates the process of spiritual transformation, during which reactive, fear-based perceptions are gradually replaced with a sense of wholeness, connection, wonder, and joy.